

Soothe Your Soul through Sound



Bennett Cancer Center Atrium
34 Shelburne Road, Stamford, Ct.

Begins promptly at Noon

May 8, July 10, October 2, 2008

Reservations Required: 203-276-7841 (no drop-ins please)

Join Dr. Amy Zabin, Music Therapist, and

Deborah Pantalena, RN, OCN, Holistic Nurse

as they use Crystal Quartz Singing Bowls, Flute, Acutonics®,
Tuning Forks and Chimes to bring the body, mind and spirit into a
more relaxed state in the peaceful oasis of the atrium.

Words will be used sparingly as Deborah and Amy guide you in a
meditation and relaxation exercise. You will then experience the
peaceful sounds as you rest in a reclined state.

Deborah and Amy presented this at the 3rd Annual Planetree Hospital Conference in Williamsburg,
Virginia, October, 2007