

Usui Reiki Classes for all levels are available.

You may contact Deborah at soothesouldp@netscape.net for information.

Reiki I class is done in one 8 hour day. Students are expected to practice Reiki daily on themselves for the first 21 days after class and learn the Reiki Principles.

Reiki II class is also done in one 8 hour day. There must be a 3 month interval between taking Reiki I and II.

Reiki III/ Master class is a process, done over time. It consists of at least four classes, up to six depending on the student. During this time the student is also working on creating their own Reiki I and II manuals. There must be a 6 month interval between taking Reiki II and III.

Thought for the Day:

"Live your life emanating harmony, courage, peace and most of all love. You are an important part of the changing times on earth and many souls will follow your way to transformation."

Many Blessings!